

# STATE RECOMMENDATIONS FOR COUNTY FAIR CANNING GUIDELINES.

Many of the following requirements are based on SAFETY guidelines. Those regarding presentation of exhibit or specific fair preferences are adaptable.

## SPECIAL RULES FOR HOME CANNING

Canning rules are based on safe food preservation guidelines from approved sources (National Center for Home Food Preservation (NCHFP), USU Extension and Pacific Northwest Extension, USDA, and Ball Canning).

See <http://nchfp.uga.edu> , [canning.usu.edu](http://canning.usu.edu) , or [www.freshpreserving.com](http://www.freshpreserving.com)

1. Only products of home kitchens are eligible.
2. Products entered must have been prepared by the person entering them since the last state/county fair. Older products will not be accepted.
3. **REQUIRED:** All jars must be labeled with name of product, method (water bath/pressure), pack (hot/raw), length of processing time, pounds of pressure (if applicable), altitude, date, city, recipe source (see above) and when the dial gauge was last tested. (\_\_\_\_ Date/Year) attached to the bottom of jar. If sweeteners other than sugar are used, include on label. Labels are available in advance from USU Extension Office or at time of entry.

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Product: \_\_\_\_\_  
Method: \_\_\_\_\_ Water Bath \_\_\_\_\_ Pressure  
Pack: \_\_\_\_\_ Hot \_\_\_\_\_ Raw  
Length of Processing Time: \_\_\_\_\_  
Pounds (if pressured): \_\_\_\_\_ Altitude: \_\_\_\_\_  
Date dial gauge was last tested: \_\_\_\_\_ Date/Year  
Processing Date: \_\_\_\_\_ City: \_\_\_\_\_  
Source of Recipe: \_\_\_\_\_

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Example of a lable

4. All entries must be in clean, standard canning jars (e.g. no mayo jars) with new, single-use two-piece lids and rings.
5. A one-quart jar or pint jar constitutes an exhibit for fruit, vegetables or meat.
6. One standard-size canning jar constitutes an exhibit for preserves, conserves, pickles, and relishes based on recommendations from an approved recipe.
7. One pint or 1/2 pint jar with lid constitutes an exhibit for jellies and jams.
8. Exhibits should be canned using research-tested recipes, i.e., USDA, Ball, pectin brand name or NCHFP guidelines issued 2009 or later. Processing adjustments for altitude, time or pressure must be made and explained on entry label.
9. All fresh fruits, jams, jellies, pickles and relishes must be processed in a boiling water bath and properly sealed. Entries processed in a steam canner will not be accepted.
10. No frozen jams or wax seals will be accepted. The presence of mold disqualifies a product.
11. All meats and vegetables must be processed in a pressure canner.
12. The exhibitor is requested to loosen the ring on the jar so judges can remove ring and examine the head space.

# CANNING LABELS

You need to fill out one for each canned item and place it on the bottom of your jar.

You can print more at [www.thekanecountyfair.com](http://www.thekanecountyfair.com) or fill them out August 9th when you enter your exhibits.

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